MHIKNET (pronounced “my net”), is Manitoba’s Health Information and Knowledge Network and is a service provided by the University of Manitoba’s Health Sciences Libraries to:

- staff of Manitoba Health, Seniors & Active Living,
- staff of participating Regional Health Authorities, and
- fee-for-service physicians in Manitoba.

MHIKNET provides quality information for patient care, evidence-based practice, and continuing education.

**Register for your free library card**

---

**GUIDELINES**

**Canada**

Canadian Agency for Drugs and Technologies in Health—
**Recommendations for Drug Therapies for Relapsing-Remitting Multiple Sclerosis**

Canadian Medical Association: Clinical Practice Guidelines for Immunology and Allergy

Canadian Rheumatology Association: Recommendations for Pharmacological Management of Rheumatoid Arthritis with Traditional and Biologic Disease-modifying Antirheumatic Drugs

CMA; Choosing Wisely Canada: Choosing Wisely Lists for Rheumatology and Gastroenterology

BC Guidelines and Protocol Advisory Committee: B.C. Guidelines for Rheumatoid Arthritis: Diagnosis, Management and Monitoring

**International**

Agency for Healthcare Research and Quality: Guidelines for Allergy and Immunology

American Academy of Allergy, Asthma, & Immunology: "10 Things Physicians and Patients Should Question" & Other Guidelines

American Academy of Neurology: "5 Things Physicians and Patients Should Question" 

American College of Rheumatology: Pediatric Rheumatology: "5 Things Physicians and Patients Should Question"

Australasian Society of Clinical Immunology and Allergy: Tests, Treatment, and Procedures Clinicians and Consumers Should Question

National Institute for Health and Care Excellence (NICE): Guidelines for Blood and Immune System Conditions

---

**ARTICLES**


---

**Libraries to:**

- The Challenges of Autoimmune Disorders

**Don’t Forget...UpToDate!**

MHIKNET library card holders have access to **UpToDate!**

UpToDate is an electronic Clinical Decision Support tool used by clinicians and non-clinicians in the delivery of healthcare. It includes more than 10,500 topics covering general internal medicine and more than 20 specialties; a select drug database and drug interaction tool (in partnership with Lexicomp®); more than 1,500 patient education topics; more than 28,000 graphics; links to more than 400,000 references; and a number of medical calculators.
**Literature Searches:**

Do you want to know more about these or other topics? Health sciences librarians will do a professional literature search for you on any topic or question you have. We will send you a list of references by email, mail, or fax. Select the citations that are of interest to you and we will send you the full text documents.

Request a search at: [http://mhiknet.lib.umanitoba.ca/home/literaturesearch](http://mhiknet.lib.umanitoba.ca/home/literaturesearch)

**Current Awareness:**

Our librarians can set up current awareness alerts on specific topics, authors, and/or journals of interest to you. You will receive an email every week that cites any new articles that have been published on your topic.

Contact us to set up a current awareness alert: [http://mhiknet.lib.umanitoba.ca/home/currentawareness](http://mhiknet.lib.umanitoba.ca/home/currentawareness)

**Document Delivery**

Do you want one of the resources listed? Is there an article, book or resource not mentioned here that you need? Contact us to request the item, we will mail, email, or fax it to you.

For more information visit: [http://mhiknet.lib.umanitoba.ca/home/borrowing](http://mhiknet.lib.umanitoba.ca/home/borrowing)

---

**Contact Us**

Toll Free: 1.877.789.3804
Phone: 204.789.3804
Fax: 204.789.3923
Email: mhiknet@umanitoba.ca
[http://mhiknet.lib.umanitoba.ca](http://mhiknet.lib.umanitoba.ca)

---

**WEB RESOURCES**

The Arthritis Society: [Rheumatoid Arthritis](#)
Canadian Celiac Association: [Resources for Professionals](#)
Myasthenia Gravis Foundation of America: [Resources for Health Professionals](#)
MS International Federation: [Resources](#)
MStranlsate
National Rheumatoid Arthritis Society: [For Professionals](#)